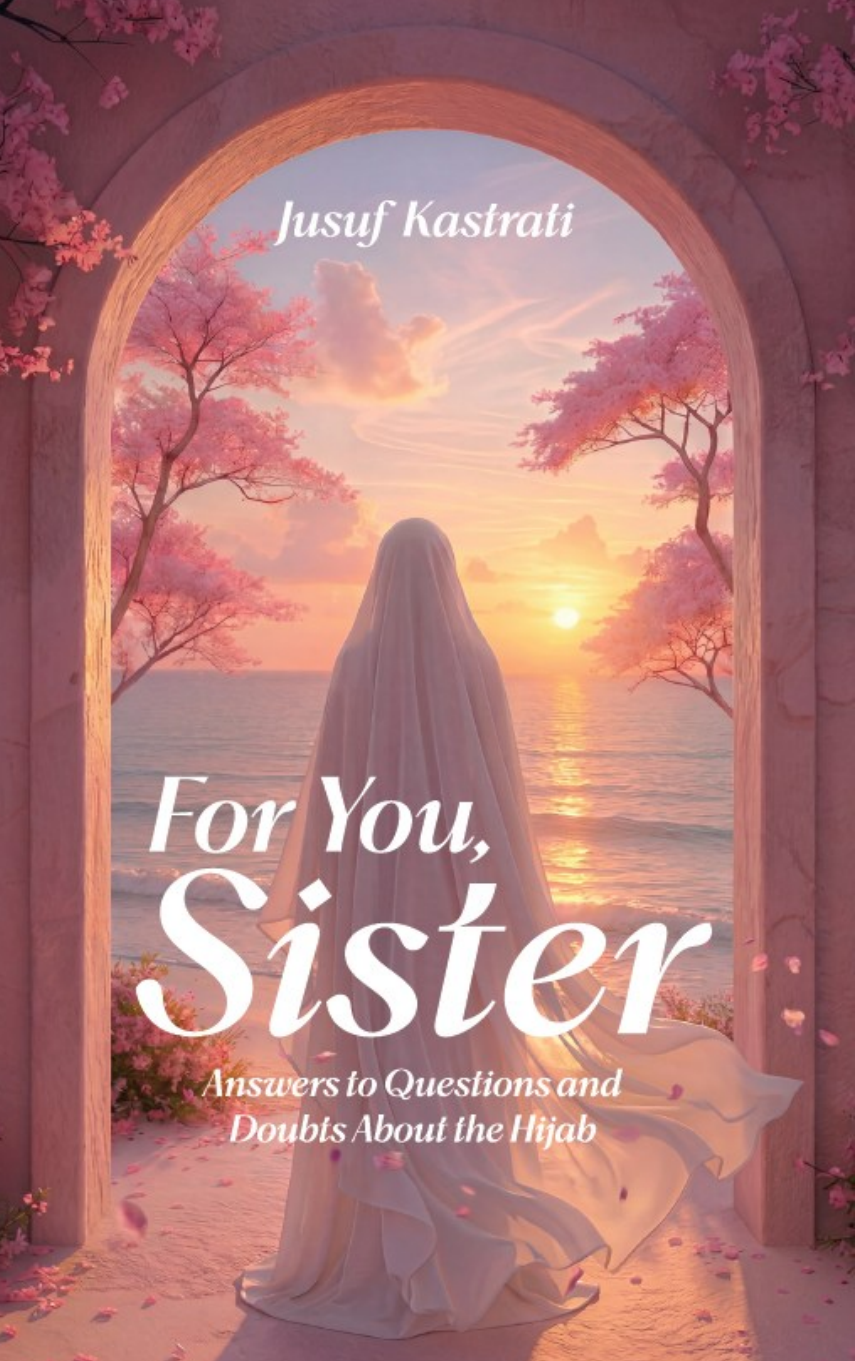


The background of the entire image is a romantic, anime-style illustration. A woman, seen from behind, is wearing a long, flowing white hijab and stands in the center of a large, arched stone doorway. She is looking out towards a serene sunset over a calm body of water. The sun is a bright, glowing orb on the horizon, with its light reflecting on the water's surface. The sky is a mix of soft pinks, oranges, and blues, with a few wispy clouds. On either side of the doorway, there are trees with vibrant pink blossoms, likely cherry blossoms, some of which have petals falling onto the ground. The overall mood is peaceful and contemplative.

Jusuf Kastrati

*For You,
Sister*

*Answers to Questions and
Doubts About the Hijab*

Title

For You, Sister

Author

Jusuf Kastrati

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In the Name of Allah, the Most
Compassionate, the Most Merciful

Introduction

All praise is due to Allah – abundant, pure, and blessed praise. We praise Him, seek His help, and seek His forgiveness. Whomever Allah guides, none can lead astray; and whomever He allows to go astray, none can guide. I bear witness that none has the right to be worshipped except Allah alone, without partner, and I bear witness that Muhammad (ﷺ)¹ is His servant and Messenger.

This book is for you, my Muslim sister.

Perhaps you have thought a great deal about Hijab. Perhaps you have loved it, yet hesitated

¹ Ṣallallāhu ‘alayhi wa sallam. In English: May Allah’s peace and blessings be upon him.



at the final step. Perhaps your heart has become convinced of it, but the decision has remained unresolved. Or perhaps you have had many questions but found no clear answer to put your heart at ease.

Hijab has become a subject surrounded by much discussion, controversy, and prejudice. People speak about it often, but not always calmly or fairly. Some view it as a social custom, others as a restriction imposed upon women, and still others regard it as an entirely personal matter. Yet before Hijab is a social issue, it is a matter of obedience to Allah, Most High.

Islam has honoured women and granted them a position founded upon chastity and dignity. It does not measure a woman by her outward appearance, but by her faith, intellect, and character. Within this divinely revealed guidance, Hijab has a clear and



definite place: it is neither an adornment nor merely a cultural symbol. Rather, it is part of a believing woman's obedience to her Lord and a sign of her identity as a believer.

Today, we live in an age in which women are constantly expected to attract attention and keep pace with ever-changing standards. In this climate, Hijab is often misunderstood because it shifts how a woman is valued – from her outward appearance to her inner essence, and from her physical form to who she truly is.

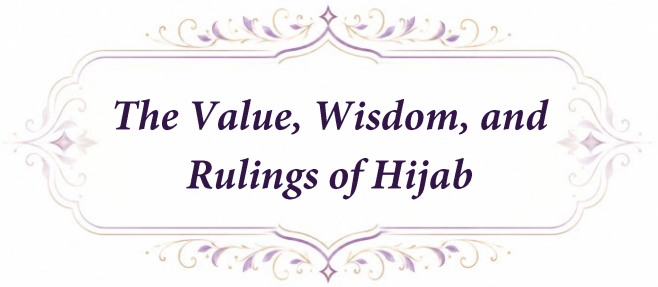
In this book, I have sought to present Hijab as Islam presents it: clearly and with evidence from the Qur'an and Sunnah. Its purpose is to dispel the haze of misconceptions and restore the matter to its true foundation and reality: obedience to Allah, Most High, and the safeguarding of dignity.





We ask Allah, Most High, to make this book a means of bringing many sisters closer to their Lord and to grant them His pleasure through their obedience to Him and compliance with His commands.

Chapter One

A decorative border with purple and gold floral motifs, featuring symmetrical scrollwork and leaf patterns, framing the chapter title.

The Value, Wisdom, and Rulings of Hijab



Hijab: A Rational and Faith-Based Necessity

Allah, Most High, created the human being in the finest form and most beautiful proportion. Along with this beauty, however, He instilled within human beings a sense of modesty and implanted in their natural disposition an inclination to cover and safeguard themselves. This demonstrates that covering does not conflict with human nature; rather, it accords with it and springs from it.

From the very beginning of human history, the first response to the exposure of the body was not to accept nakedness or be content with it, but to seek to cover oneself. When Adam, peace be upon him, and his wife committed the transgression, the feeling that overwhelmed them was shame – not a sense of freedom – and they hastened to cover themselves. This demonstrates that



nakedness is not a natural state for human beings; rather, it is a consequence of transgression and the loss of inner balance.

If nakedness were a sound and natural state for human beings, it would have been among the delights of Paradise and a characteristic of its inhabitants. Yet Allah, Most High, has described Paradise as an abode in which there is neither hunger nor nakedness. This clearly demonstrates that nakedness is associated with deficiency, anxiety, and suffering, whereas covering is associated with safety, dignity, and tranquillity.

In this worldly life, human beings live amid striving and trial and need boundaries that protect them from themselves and from others. Hijab is one such protective safeguard: it protects a woman from being reduced to an object of gazes and desires, or to a body whose



worth is measured by its appearance rather than by the reality of her humanity.

Social reality confirms this truth. The more societies become accustomed to exposing the body and normalising nakedness, the more harassment, appearance-related pressure, psychological anxiety, and the commodification of the body in advertising, the marketplace, and popular culture increase. Hijab, by contrast, redirects attention from the body to the personality, from appearance to conduct, and from the outward image to the true worth of the human being.

The history of civilisations likewise bears witness that nakedness has never been a sign of refinement or evidence of progress. Rather, civilisations have always been distinguished by clothing, order, and modesty. Throughout history, clothing has been a mark of



discipline, self-restraint, self-respect, and respect for others.

From the perspective of the Shari‘ah, Hijab is an act of obedience to Allah, Most High, and an expression of faith. From a rational perspective, it is a wise choice that safeguards human dignity and protects social balance, for it establishes boundaries wherever boundaries are needed so that life may proceed aright and relationships may remain purer and healthier.

Therefore, Hijab is neither a symbol of backwardness nor a restriction upon freedom, as some seek to portray it. Rather, it is a sign of awareness and dignity – a protection for the individual and a foundation for a purer and more upright society.



The Wisdoms and Fruits of Hijab

Islamic Hijab is an expression of faith and obedience to Allah, Most High. At the same time, it safeguards human dignity and preserves the honoured status of women. It stems from the divine command and the sound natural disposition upon which Allah created humankind, and it yields blessed fruits for the individual, the family, and society.

First: Obedience to Allah, Most High

Hijab is evidence of submission to Allah's command and compliance with His ruling. A Muslim woman observes Hijab seeking the pleasure of her Lord, thereby declaring that her faith rises above fashion, is stronger than the desires of the self, and stands firm against social pressure. This obedience strengthens



faith and draws the heart closer to Allah, Most High.

Second: Preserving Honour and Dignity

Hijab protects a woman from improper gazes and from being treated as a body or a means of attracting attention. It accords her the position that befits her, where she is valued for her character, intellect, and personality – not merely for her outward appearance.

Third: Modesty and Moral Excellence

Hijab cultivates in a woman modesty, simplicity, and avoidance of excessive display of adornment. It helps to build a balanced personality in which moral values and good conduct take precedence over physical appearance and concern with outward form alone.



Fourth: Inner Tranquillity

Hijab frees a woman from the constant pressure to look a certain way and from continually comparing herself with other women. It gives her a sense of security, peace of mind, and inner stability.

Fifth: Protecting Society

Hijab contributes to preserving sound relations between men and women, reduces the causes of temptation and moral deviation, and helps to build a purer, more respectful, and better-balanced society.

Sixth: Raising Future Generations

A woman who observes Hijab becomes a living example for her children and those around her. She instils in them the values of faith, modesty, and respect, thereby contributing directly to raising a generation of greater spiritual and moral well-being.



Seventh: Reinforcing Islamic Identity

Hijab is a clear sign of belonging to Islam and taking pride in its values. It strengthens religious identity and helps a woman remain steadfast upon it in an age in which trials and challenges have multiplied.

In short, Islamic Hijab is honour, protection, and blessing. It raises a woman's standing, safeguards her dignity, and makes her a source of goodness for herself, her family, and her society.



The Conditions and Characteristics of Islamic Hijab

Hijab is an act of obedience to Allah, Most High, intended to safeguard the body and preserve character and chastity. It must therefore fulfil a number of essential conditions:

- **Complete covering of the body**

A woman's clothing in the presence of non-mahram men must fully cover her body in accordance with the divine command, leaving only the face and hands uncovered.² It should be wide and loose-fitting, neither revealing the shape of her body nor accentuating any of her physical charms.

² Some scholars hold the view that it is obligatory to cover the entire body, including the face and hands.



- **Opaque and concealing**

The Hijab must be made of fabric that genuinely covers the body. It must not be transparent, reveal what lies beneath it, or show the colour of the skin or the details of the body.

- **Not attention-grabbing**

The purpose of Hijab is not to attract attention through its colours, embellishments, or style. Its purpose is modesty and covering, not self-display or attracting notice. This also includes a woman going out wearing perfume in the presence of non-mahram men, as this runs counter to the purpose and meaning of Hijab.

- **Not an adornment in itself**

Hijab should not become a means of beautification or an element of attraction. Rather, it should be simple, modest, and far



removed from anything that transforms it from a means of modesty into a means of adornment and display.

- **Preserving Islamic identity and morals**

Hijab should preserve the Muslim woman's identity as well as its religious and moral meaning. It should not imitate forms of dress or styles that strip it of its religious significance and empty it of the purpose ordained by the Shari'ah.

- **Reflecting modesty and dignified conduct**

Hijab is not confined merely to its outward form; it should also express modesty, self-restraint, and moral dignity. These meanings are the spirit and true essence of Hijab.

Chapter Two

A decorative border with purple and gold floral motifs, featuring a central diamond shape and symmetrical scrollwork.

Responses to Misconceptions Concerning Hijab



Hijab Is a Divine Command

Qur'anic Verse

Allah, Most High, says:

﴿وَقُلْ لِّلْمُؤْمِنَاتِ يَعْصُرْنَ مِنْ أَبْصَرِهِنَّ وَيَحْفَظْنَ فُرُوجَهُنَّ وَلَا يُبْدِينَ زِينَتَهُنَّ إِلَّا مَا ظَهَرَ مِنْهَا وَلْيَضْرِبْنَ بِخُمُرِهِنَّ عَلَىٰ جُيُوبِهِنَّ﴾

“And tell the believing women to reduce [some] of their vision and guard their private parts and not expose their adornment except that which [necessarily] appears thereof and to wrap [a portion of] their headcovers over their chests...”
(Qur'an, 24:31)

Prophetic Hadith

‘A’ishah, may Allah be pleased with her, said:
“May Allah have mercy upon the earliest female Emigrants. When Allah revealed, ‘and draw their head coverings over their chests,’



they tore their outer garments and made head coverings from them.”³

Misconception

Hijab is a social custom, not a religious obligation!

This misconception is repeated from time to time, yet it cannot withstand the clear evidence found in the Book of Allah and the Sunnah of His Messenger ﷺ.

Hijab is a direct command from the Creator, Glorified is He. He revealed it in His Book, and His Messenger Muhammad ﷺ explained it. It is neither a custom inherited by people nor a social convention subject to differing tastes and environments. Rather, it is an act of ‘ibadah and obedience through which a servant draws closer to her Lord.

³ Al-Buchari (4758, mu‘allaq), al-Baihaqi (13637), Abu Dawud (4102) und an-Nasa’i (11299).



A sincere Muslim woman obeys her Lord just as the earliest Muslim women did. They were steadfast in faith and sincere in their submission. As soon as they heard Allah's command, they hastened to comply and observed Hijab immediately, without hesitation or delay – not even waiting until they had returned to their homes.

Advice

My dear sister, do not allow yourself to fall prey to those who seek to alter Allah's religion and hollow it out of its true substance so that they may turn believing men and women away from pure guidance. They do not want us to submit to the Creator's commands or to live with chastity and dignity, because purity clashes with their unrestrained desires and turbulent whims.

Choose obedience to your Lord and the attainment of His pleasure, and place His



command before every opinion, desire, and pressure.

Be a servant of Allah, not a prisoner to people's desires and judgements. There is no greater honour for a believing woman than to place obedience to Allah above everything else.



Allah's Command Is Not to Be Opposed

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَمَا كَانَ لِمُؤْمِنٍ وَلَا مُؤْمِنَةٍ إِذَا قَضَى اللَّهُ وَرَسُولُهُ أَمْرًا أَنْ يَكُونَ لَهُمُ الْخِيَرَةُ مِنْ أَمْرِهِمْ وَمَنْ يَعْصِ اللَّهَ وَرَسُولَهُ فَقَدْ ضَلَّ ضَلَالًا مُبِينًا﴾

“It is not for a believing man or a believing woman, when Allāh and His Messenger have decided a matter, that they should [thereafter] have any choice about their affair. And whoever disobeys Allāh and His Messenger has certainly strayed into clear error.” (Qur'an, 33:36)



Prophetic Hadith

The Messenger of Allah (ﷺ) said:

“None of you truly believes until his desires conform to what I have brought.”⁴

Misconception

Hijab is a personal choice!

This phrase is often used as a barrier to close the door to sincere advice, but matters must be placed in their proper perspective. Yes, every servant is individually accountable before her Lord, and no one will bear the burden of another. The danger, however, lies in using this phrase to diminish the importance of a divine command or make it appear optional.

⁴ Ibn Abi Asim, *as-Sunnah* (Nr. 15), al-Chatib, *Tarich Bagdad* (4/368), und al-Baihaqi, *al-Madchal ila as-Sunan al-Kubra* (S. 209).



Hijab is neither a matter of personal taste nor a style of clothing that a person determines according to her own preference. Rather, it is a ruling of the Shari‘ah made clear by the Creator, Glorified is He. A believer may not select from the religion whatever accords with her desires and abandon whatever conflicts with them. Religion is not a list from which we choose whatever we desire and leave whatever weighs heavily upon us. Whoever says of a clear command of Allah, “This is a personal choice,” is effectively giving human beings the right to decide whether the Creator’s ruling applies to them.



Advice

My dear sister, true freedom is not found in following every desire that occurs to the self. Rather, it lies in possessing the strength to obey the One who created us. We often call something “a personal choice” when, in reality, it is fear of how people will view us, a desire to win their admiration, or a wish to appear before them in a way that pleases them.

Know that behind every command of Allah lies immense wisdom, even if our limited minds do not perceive it immediately. The One who created the entire universe knows best what will preserve your dignity, bring tranquillity to your heart, and safeguard your life. Do not make yourself a prisoner to opinions that change every day. Instead, seek your freedom in obedience to Allah, whose laws do not change and whose rulings do not alter. Set right your relationship with Allah so that your life may acquire its meaning and direction.



Allah's Command Is Not Abandoned Because of People's Mistakes

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا قُوا أَنْفُسَكُمْ وَأَهْلِيكُمْ نَارًا وَقُودُهَا النَّاسُ وَالْحِجَارَةُ﴾

“O you who have believed, protect yourselves and your families from a Fire whose fuel is people and stones...” (Qur'an, 66:6)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“The feet of a servant will not move on the Day of Resurrection until he is asked about four matters: his life and how he spent it; his knowledge and what he did with it; his wealth



– *how he earned it and how he spent it; and his body and how he wore it out.*⁵

Misconception

How can I observe Hijab when some women who wear it behave in ways unbefitting it?!

This misconception usually does not arise from ignorance of the value of Hijab, for its status is clear. Rather, it arises from a search for a justification to delay obedience. Some girls may say, “There are women who observe Hijab but whose conduct does not befit it.” Yet the more honest question is: Why do I make the mistakes of some women who observe Hijab an excuse to abandon it, while I do not make the mistakes of many women who have abandoned Hijab a reason to say, “I do not want to remain without Hijab”?

⁵ At-Tirmidhi (2417), ad-Darimi (537) und Abu Ja’la (7434). Al-Albani stufte ihn in *Sahih al-Dschami*‘ (7300) als authentisch ein.



People's mistakes do not justify abandoning Allah's command, and the shortcomings of some women who observe Hijab do not diminish its value in the slightest. Just as some people's failure to observe an act of 'ibadah properly does not negate its virtue or obligation, Hijab remains a personal responsibility before Allah and is not a reaction to the conduct of others.

Advice

My dear sister, do not transfer responsibility from yourself to others. You do not observe Hijab to prove that you are better than this woman or that. You observe it in obedience to Allah, even if others fall short or make mistakes. On the Day of Resurrection, every person will stand alone before Allah – without excuses, comparisons, or clinging to the mistakes of others.



Do not allow people's mistakes to cause you to turn away from the truth. If a woman dishonours her Hijab through her conduct, she will be called to account for it. But if you abandon Hijab because of her, you will be questioned about your own abandonment of it on the Day of Resurrection.

Observe Hijab for Allah and safeguard the body that Allah has entrusted to you. Do not look at what people do, for you will be called to account for yourself, not for anyone else.



Hijab Is ‘Ibadah, Not Adornment

Qur’anic Verse

Allah, der Erhabene, sagt:

﴿وَاللَّهُ يُرِيدُ أَنْ يَتُوبَ عَلَيْكُمْ وَيُرِيدُ الَّذِينَ يَتَّبِعُونَ الشَّهَوَاتِ أَنْ تَمِيلُوا مَيْلًا عَظِيمًا﴾

“Allāh wants to accept your repentance, but those who follow [their] passions want you to digress [into] a great deviation.” (Qur’an, 4:27)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“There are two types among the people of the Fire whom I have not seen: people carrying whips like the tails of cattle, with which they beat others; and women who are clothed yet naked, causing others to incline and themselves inclined, with their heads resembling the leaning humps of Bactrian camels. They will neither enter Paradise nor smell its fragrance,



although its fragrance can be detected from such-and-such a distance.”⁶

Misconception

I want to observe Hijab, but without giving up fashion!

A woman cannot serve two opposing demands at the same time: the modesty commanded by Allah and the attraction of attention promoted by fashion. If Hijab becomes tight or short, or turns into a means of attracting attention, it loses its spirit and true essence and becomes nothing more than a piece of cloth.

The description “clothed yet naked” applies to clothing that outwardly covers part of the body but does not conceal the desire for self-display, admiration, and attracting gazes. If your goal is to please people, you will always remain a prisoner to fashion and its

⁶ Muslim (125 / 2128 / 5582).



fluctuations. But if your goal is to please Allah, you will find freedom in simplicity, covering, and modesty.

Advice

My dear sister, Hijab is not a new style of fashion. Rather, it is pure ‘ibadah and sincere submission to the Creator’s command. Do not make Hijab a means of attracting gazes, for it was prescribed in the first place to protect you from those very gazes. You do not observe Hijab to display how beautiful you look in religious attire, but to bear witness that Allah’s command is greater to you than every form of human admiration.

The world constantly seeks to divert human beings from the straight path by emptying ‘ibadah of its meaning and transforming Hijab into a fleeting adornment and temporary appearance. Do not exchange the



fragrance of Paradise for admiration or a compliment gained through what is haram.

Your beauty is a precious trust, so do not make it a source of fitnah for the hearts of others.



Embrace Islam in Its Entirety

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا الَّذِينَ آمَنُوا ادْخُلُوا فِي السِّلْمِ كَافَّةً وَلَا تَتَّبِعُوا خُطُوَاتِ الشَّيْطَانِ إِنَّهُ لَكُمْ عَدُوٌّ مُبِينٌ﴾

“O you who have believed, enter into Islām completely [and perfectly] and do not follow the footsteps of Satan. Indeed, he is to you a clear enemy.” (Qur’an, 2:208)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Allah, Most High, has prescribed obligations, so do not neglect them; He has set limits, so do not transgress them; He has forbidden certain things, so do not violate them; and He has remained silent about certain things as a mercy



to you, not out of forgetfulness, so do not inquire into them.”⁷

Misconception

It is enough for me to pray; Hijab is not required of me!

This misconception is one of Satan’s subtle ploys. He attempts to convince a person that practising one part of the religion is enough to be in good standing with her Lord. Faith, however, is not a list of preferences from which we select whatever accords with our desires and abandon whatever proves difficult for us.

To say, “It is enough for me to pray,” while abandoning Hijab is like accepting an invitation and then refusing to enter. Prayer is your spiritual connection with Allah, while

⁷ Ein hasan-Hadith. Überliefert von ad-Daraqutni in seinen *Sunan* (4/184) sowie von weiteren Gelehrten.



Hijab is the outward testimony to that connection and a means of protecting it. Both belong to the same Islam – an Islam that calls us to submit to Allah with our hearts, our limbs, and our entire lives.

Advice

My dear sister, when Allah, Most High, tells us, ﴿ادْخُلُوا فِي السَّلَامِ كَافَّةً﴾, “**enter into Islam completely,**” He teaches us that true happiness and complete tranquillity can be attained only when we leave nothing of Allah’s command behind.

Your prayer is a light within your heart, so do not confine that light within the walls of your home. Let your prayer become a force that drives you to complete your obedience and crown your faith with Hijab.

Do not forget Satan’s method. He does not initially tell you, “Abandon the religion.”



Instead, he gradually draws you towards neglect through small steps. He begins by saying, “Prayer is enough for you.” Tomorrow, he may say, “It is enough to have a good heart,” until he gradually distances you from every deed that draws you closer to your Lord.

Hijab is not an additional matter that can simply be set aside. Rather, it is part of your identity as a Muslim woman – a servant of Allah who obeys Him at every time and in every place. When you observe Hijab, you declare that you obey Allah with your entire heart and life.

Submit to Allah’s command completely, and you will discover a new sweetness in your prayer and a new meaning in your life.



When Their Words Weigh Heavily on Your Heart

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَلَقَدْ نَعْلَمُ أَنَّكَ يَضِيقُ صَدْرُكَ بِمَا يَقُولُونَ ﴿٩٧﴾ فَسَبِّحْ بِحَمْدِ رَبِّكَ وَكُنْ مِنَ السَّاجِدِينَ ﴿٩٨﴾ وَاعْبُدْ رَبَّكَ حَتَّىٰ يَأْتِيَكَ الْيَقِينُ ﴿٩٩﴾﴾

“And We already know that your breast is constrained by what they say. So exalt [Allāh] with praise of your Lord and be of those who prostrate [to Him]. And worship your Lord until there comes to you the certainty [i.e., death].” (Qur’an, 15:97-99)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“The believer who mixes with people and patiently bears their harm is better than the



believer who does not mix with people and does not patiently bear their harm.”⁸

Misconception

If I observe Hijab, they will call me backward, oppressed, and other such things!

The fear of people’s judgements is real, and it is natural to feel hurt by words that may be said about you: that you are backward, oppressed, extreme, or an outsider in your own society. Yet these descriptions do not reveal who you truly are; they reveal only how those people view life.

Do not allow their words to take up residence in your heart. Your Hijab unsettles some of their convictions, and this is why their words may be harsh and hurtful.

⁸ Ibn Madscha (4032), Ahmad (5022) und al-Buchari in *al-Adab al-Mufrad* (388).



It is natural for the heart to feel distressed in such situations. Even the Prophet ﷺ was distressed by what people said, but Allah did not command him to withdraw or hide. Rather, He directed him to that which makes the heart steadfast: glorification, prostration, worship, and firmness upon the truth.

Advice

My dear sister, do not allow any label that people attach to you to determine your worth. If they call you “oppressed,” remember that you consciously chose to obey Allah, not to submit to people’s pressure. If they call you “extreme,” know that steadfastness upon the truth may appear strange in an age when many people have strayed far from it.

Do not grieve or lower your head in shame. Meet their words with patience, calmness, and good character. Make your Hijab part of your strong character, not an obstacle on your



path towards knowledge, success, and the fulfilment of your goals.

When their words become heavy upon you, flee to prostration before Allah and remain steadfast upon your religion.

Always remember: enduring a few words in this world is far easier than the pain of regret on the Day you stand before Allah.

You are honoured, protected, and free through your obedience to your Lord. This is precisely what unsettles those who understand freedom only by its outward appearance.



Allah's Pleasure Above Everything Else

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَإِنْ تُطِيعُوا أَكْثَرَ مَنْ فِي الْأَرْضِ لِيُضِلُّوكَ عَنْ سَبِيلِ اللَّهِ إِنْ يَتَّبِعُونَ إِلَّا الظَّنَّ
وَإِنْ هُمْ إِلَّا يَخْرُصُونَ﴾

“And if you obey most of those upon the earth, they will mislead you from the way of Allāh. They follow not except assumption, and they are not but misjudging.” (Qur'an, 6:116)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Whoever seeks Allah's pleasure at the cost of people's displeasure, Allah will suffice him against the people; and whoever seeks people's pleasure at the cost of Allah's displeasure, Allah will leave him to the people.”⁹

⁹ At-Tirmidhi (2414), 'Abd ibn Humaid (1522) und Ibn Hibban (276).



Misconception

If I observe Hijab, I will appear different from everyone around me!

This fear stems from the natural human need for acceptance and belonging. Yet we must remember that the truth is not measured by the number of those who follow it, and that the majority is not always evidence of what is right.

If society strays from the path of the Creator, appearing different because of your obedience to Allah is not weakness. Rather, it is courage, steadfastness, and dignity.

Being different for the sake of Allah is an honour that no fashion can confer and no passing social trend can bestow.



Advice

My dear sister, do not seek your worth in the eyes of people, for their hearts are in Allah's Hand. If you please Allah through your Hijab, Allah will place love and respect for you in the hearts of those who deserve a place in your life, even if some people judge you at first.

Do not be like a leaf carried wherever the winds desire. Be like a tree whose roots are firmly planted in the soil of faith.

Hudhayfah ibn al-Yaman, may Allah be pleased with him, used to say:

“Do not be conformists who say, ‘If people do good, we will do good, and if they act unjustly, we will act unjustly.’ Rather, train yourselves so that if people do good, you also do good, and if they do wrong, you do not act unjustly.”²⁵

Know that being a stranger in people's eyes while being loved by Allah is better for you than having the whole world applaud you while you remain far from your Lord's mercy.



Choose Companionship That Pleases Allah

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَيَوْمَ يَعْزُ الزَّالِمُ عَلَى يَدَيْهِ يَقُولُ يَلَيْتَنِي اتَّخَذْتُ مَعَ الرَّسُولِ سَبِيلًا ﴿٢٧﴾
يُوبِلُنِي لَيْتَنِي لَمْ أَخَذْ فُلَانًا خَلِيلًا ﴿٢٨﴾ لَقَدْ أَضَلَّنِي عَنِ الذِّكْرِ بَعْدَ إِذْ جَاءَنِي ۚ
وَكَانَ الشَّيْطَانُ لِلْإِنْسَانِ خَذُولًا ﴿٢٩﴾﴾

“And the Day the wrongdoer will bite on his hands [in regret] he will say, ‘Oh, I wish I had taken with the Messenger a way. Oh, woe to me! I wish I had not taken that one as a friend. He led me away from the remembrance after it had come to me. And ever is Satan, to man, a deserter.’” (Qur’an, 25:27-29)



Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“A person follows the religion of his close friend, so let each of you carefully consider whom he takes as a close friend.”¹⁰

Misconception

If I observe Hijab, my friends will distance themselves from me!

This fear is sometimes a barrier that we create for ourselves or that the pressure of those around us plants within us. But ask yourself: What kind of friendship accepts you only when you conform to your friends' desires and abandons you as soon as you choose to obey your Creator?

¹⁰ Abu Dawud (4833), at-Tirmidhi (2378) und Ahmad (8398).



A friendship that requires you to distance yourself from your religion is not a true friendship. Rather, it is a burden that drags you backwards.

If some people distance themselves from you because you have chosen Allah's path, know that Allah will replace them with those whose love is more sincere, whose hearts are purer, and who will offer you greater support in doing good.

Advice

My dear sister, true friendship is one that extends into Paradise, not one that ends at the door of the grave. Do not sacrifice eternal happiness for someone who will be of no benefit to you on the Day when the wrongdoer bites his hands and says, "If only I had not taken so-and-so as an intimate friend!"



Choose friends who remind you of Allah when you see them, strengthen you when you become weak, and rejoice at every step you take towards your Lord. Your Hijab will serve as an honest filter: it will distance from you those who desire nothing but your outward appearance and draw closer those who recognise the value of your faith.

Remember: walking alone upon a path that pleases Allah is better than walking with the crowds upon a path that leads to ruin.



Allah Loves Those Who Constantly Repent

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿قُلْ يٰعِبَادِيَ الَّذِيْنَ اَسْرَفُوْا عَلٰٓى اَنْفُسِهِمْ لَا تَقْنَطُوْا مِنْ رَّحْمَةِ اللّٰهِ اِنَّ اللّٰهَ يَغْفِرُ الذُّنُوْبَ جَمِيْعًا اِنَّهٗ هُوَ الْغَفُوْرُ الرَّحِيْمُ﴾

“Say, ‘O My servants who have transgressed against themselves [by sinning], do not despair of the mercy of Allāh. Indeed, Allāh forgives all sins. Indeed, it is He who is the Forgiving, the Merciful.’” (Qur’an, 39:53)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Every child of Adam is prone to sin, and the best of sinners are those who constantly repent.”¹¹

¹¹ At-Tirmidhi (2499), Ahmad (13049) und Ibn Madscha (4251).



Misconception

I am sinful and do not deserve Hijab!

Tell me, my sister: Is it right for us to abandon the religious obligations because we commit sins, or should we return to Allah, obey His command, and strive against ourselves to abandon those sins? Sins only increase the darkness of the heart, make life more constricted, and distance a person from Allah's mercy.

Obligations are not abandoned because of sins. Rather, they are among the greatest doors to deliverance from them.

Advice

My dear sister, being free from sin is not a condition for anyone who wishes to obey Allah, for no human being is free from error and shortcomings. Observe Hijab and strive against yourself to abandon sins, especially



the major sins. Obedience assists a person in further obedience, and whoever turns towards Allah will be helped by Him. Allah will grant her such sweetness in drawing near to Him that nothing among the pleasures of this world can equal it.

Wear your Hijab in a manner befitting a Muslim woman, repent to Allah, and do not delay your return to Him. Always remember His words:

﴿إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُتَطَهِّرِينَ﴾

“Indeed, Allāh loves those who are constantly repentant and loves those who purify themselves.” (Qur'an, 2:222)



Whoever Fears Allah, He Will Make a Way Out for Them

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا ۖ وَيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ﴾

“And whoever fears Allāh – He will make for him a way out and will provide for him from where he does not expect. And whoever relies upon Allāh – then He is sufficient for him.” (Qur'an, 65:2-3)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

*“You will never give up anything for the sake of Allah, Mighty and Majestic, except that Allah will replace it with something better for you.”*¹²

¹² Ahmad (20739), Abu Nu'aim (7315) und al-Baihaqi (5364).



Misconception

If I observe Hijab, they may expel me from school!

Satan often turns this fear into an obstacle to obedience, portraying the doors of knowledge as though they will be closed in our faces if we comply with Allah's command. Yet we must remember that the One who commanded us to seek knowledge is the same One who commanded us to cover ourselves and observe Hijab.

It is therefore wrong to believe that obedience to Allah will cause us to fail. True success in study and in life is attained only through Allah's enabling grace and blessing.



Advice

My dear sister, no academic qualification is worth attaining at the cost of displeasing the One who granted you intellect and opened the path of learning for you. When you choose to obey Allah, you have chosen the greatest Helper and strongest Protector upon your path towards knowledge. Know that Allah never forsakes anyone who gives up something for His sake.

Even if what you fear should occur – although this is unlikely in most cases – do not despair. If one door closes because you chose Allah’s pleasure, Allah will open other doors that are better than it. If your place of study does not accept your identity as a Muslim woman, perhaps it is not the place in which you will grow with tranquillity and dignity.

Place your trust in Allah. He may facilitate another school, another path, or a better



environment in which people respect your religion and your worth.

Always remember: whoever is with Allah will find every path open before them, for all success rests in the Hand of Allah alone.



There Is No Obedience to a Created Being in Disobedience to the Creator

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَإِنْ جَاهِدَاكَ عَلَىٰ أَنْ تُشْرِكَ بِي مَا لَيْسَ لَكَ بِهِ عِلْمٌ فَلَا تُطِعْهُمَا ۖ
وَصَاحِبُهُمَا فِي الدُّنْيَا مَعْرُوفٌ ۚ وَأَتَّبِعْ سَبِيلَ مَنْ أَنَابَ إِلَيَّ ثُمَّ إِلَيَّ مَرْجِعُكُمْ
فَأُنَبِّئُكُمْ بِمَا كُنتُمْ تَعْمَلُونَ﴾

“But if they endeavor to make you associate with Me that of which you have no knowledge, do not obey them but accompany them in [this] world with appropriate kindness and follow the way of those who turn back to Me [in repentance]. Then to Me will be your return, and I will inform you about what you used to do.”
(Qur'an, 31:15)



Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“There is no obedience in disobedience to Allah; obedience is only in what is right.”¹³

Misconception

I want to observe Hijab, but my parents will not allow me!

This situation requires wisdom, patience, and good judgement. There is no doubt that dutifulness towards one's parents is among the greatest obligations in Islam. Yet this dutifulness has a clear limit: it must not involve disobedience to Allah, Most High.

If parents ask their daughter to abandon an obligation of the Shari'ah, such as Hijab, she may not obey them in that matter, because the right of the Creator takes precedence over the right of any created being. However, not

¹³ Al-Buchari (7257).



obeying them in this matter does not mean treating them harshly or behaving disrespectfully towards them. On the contrary, this is precisely the time to display noble character so that they may see that Hijab has not distanced you from them, but has instead made you more courteous, dutiful, and composed.

Advice

My dear sister, know that your parents' hearts are in Allah's Hand. Their refusal may stem from fear for your well-being, social pressure, or insufficient knowledge of the religious ruling. Do not turn the matter into an arena of argument and conflict. Instead, be an example of gentleness and mercy.

Obey Allah by wearing Hijab while increasing your dutifulness, service, and respect towards your parents. When they see that Hijab has made you calmer, better in character, and



closer to them, their hearts may soften by Allah's permission.

Remain steadfast in obeying your Lord and ask Allah to set matters right between you and your parents. Salvation lies in obeying the Creator, not in disobeying His command to please any of His creation.



Do Not Fear People

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿...فَلَا تَخْشَوُا النَّاسَ وَاحْشَوْنِ...﴾

“So do not fear the people but fear Me.”

(Qur'an, 5:44)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“The greatness of the reward is commensurate with the greatness of the trial. When Allah loves a people, He tests them.”¹⁴

¹⁴ At-Tirmidhi (2396) und Ibn Madscha (4031). Al-Albani stufte den Hadith als hasan ein.



Misconception

My husband will not allow me to observe Hijab!

This is a difficult and sensitive trial because it concerns two weighty matters at the same time: obedience to Allah and married life. Nevertheless, the fundamental principle must remain clear: there is no obedience to a created being in disobedience to the Creator. No one – not even a husband – has the right to prevent an obligation commanded by Allah.

Fear of tension in the relationship, conflict, or the husband's words is understandable, but it must not become a reason to abandon Allah's command. If Allah has commanded you to cover your body, obedience to Him takes precedence over every human desire. The true test here is not Hijab alone, but the deeper question: Whose pleasure do you place first – Allah's pleasure or that of people?



Advice

My dear sister, this matter requires immense patience and wisdom. Do not turn it into a battle of stubbornness. Instead, make it a testimony to the sincerity of your faith. Speak to your husband gently and explain that Hijab draws you closer to Allah and brings blessing into the home; it is not a cause of distance or estrangement.

Show him that your Hijab will not make you any less devoted. Rather, it will make you more attentive to your home, more responsible towards your family, and closer to your Lord.

Some husbands may fear change, people's judgement, or society's comments. Help him understand that your dignity is part of his dignity and that your chastity is an honour for both of you. If he persists in his refusal, remember that Allah tests His servants to raise their ranks and strengthen their faith.



Do not exchange Allah's pleasure for temporary comfort with people.

Ask Allah to soften your husband's heart and remain steadfast upon the path of obedience to the Almighty, the All-Wise.



The Life of the Heart Lies in Obedience to Allah

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا اسْتَجِيبُوا لِلَّهِ وَلِلرَّسُولِ إِذَا دَعَاكُمْ لِمَا يُحْيِيكُمْ وَاعْلَمُوا أَنَّ اللَّهَ يَحُولُ بَيْنَ الْمَرْءِ وَقَلْبِهِ وَأَنَّهُ إِلَيْهِ تُحْشَرُونَ﴾

“O you who have believed, respond to Allāh and to the Messenger when he calls you to that which gives you life. And know that Allāh intervenes between a man and his heart and that to Him you will be gathered.”
(Qur'an, 8:24)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“The strong believer is better and more beloved to Allah than the weak believer, although there is good in both. Strive for that which benefits



you, seek Allah's help, and do not feel helpless."¹⁵

Misconception

I am not emotionally ready to observe Hijab yet!

This is one of the thoughts by which people are most often deceived. It makes a person believe that readiness is a special feeling that must be awaited until it arrives on its own. The truth, however, is that spiritual readiness is not always a prerequisite for beginning an act of obedience; it is often one of its fruits.

Faith does not grow through waiting, but through action. Hijab is not the end of the road; it is a step that helps strengthen your heart upon your journey towards Allah.

¹⁵ Muslim (6774).



Advice

My dear sister, the preceding verse reminds us that Allah's commands are not a burden upon the heart; rather, they give it life. Do not wait for readiness as though it were a feeling that would suddenly knock at your door. Seek it through action and by taking a sincere step, for readiness often comes after the decision, not before it.

When you wear Hijab for Allah, even with some hesitation, you demonstrate the strength of the believing woman whom Allah loves: a woman who does not surrender to weakness of will, but seeks her Lord's help and begins.

Know that no one is ever completely prepared for every major step in life. Yet the first step towards Allah is the one that opens the door to tranquillity.

Do not allow the feeling of unreadiness to imprison you. Life is passing, and the heart is in Allah's Hand; He turns it however He wills.



Respond to your Lord's call now, seek His help, and do not give in to helplessness. When you cover your head in obedience to Allah, you will see how Allah covers your heart with a tranquillity that you cannot find while standing outside His path.



Be Mindful of Allah, and He Will Protect You

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿مَنْ عَمِلَ صَالِحًا مِّن ذَكَرٍ أَوْ أُنْثَىٰ وَهُوَ مُؤْمِنٌ فَلَنُحْيِيَنَّهٗ حَيٰوةً طَيِّبَةً وَلَنَجْزِيَنَّهُمْ أَجْرَهُم بِأَحْسَنِ مَا كَانُوا يَعْمَلُونَ﴾

“Whoever does righteousness, whether male or female, while he is a believer—We will surely cause him to live a good life, and We will surely give them their reward [in the Hereafter] according to the best of what they used to do.” (Qur’an, 16:97)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Be mindful of Allah, and He will protect you. Be mindful of Allah, and you will find Him before you. When you ask, ask Allah; and when you seek help, seek Allah’s help. Know that if the entire nation were to gather to benefit you with something, they could benefit you only





*with something Allah had already decreed for you. And if they were to gather to harm you with something, they could harm you only with something Allah had already decreed against you.*¹⁶

Misconception

Hijab hinders me in life!

This misconception arises from the belief that freedom and success can be attained only by conforming to people's standards. We often imagine that Hijab will close certain doors before us, limit our opportunities, or make our daily lives more difficult.

Yet we forget that the keys to every door are in Allah's Hand. What we perceive as an obstacle may, in the scale of faith, be a protection for us and a safe path towards a life

¹⁶ Überliefert von at-Tirmidhi (2516); er bewertete ihn als hasan sahih.



of greater tranquillity and meaning. The true obstacle in life is not a garment commanded by the Creator; rather, it is the weakening of our connection with the One in whose Hand lies the direction of every one of our affairs.

Advice

My dear sister, do not view Hijab as a wall that obstructs you, but as a light that guides you. Allah has promised the believers who perform righteous deeds a good life, and Hijab is among the righteous deeds that bring the blessing of obedience. If you uphold Allah's command through your Hijab, trust that Allah will protect you along your path.

If someone tells you that Hijab will prevent you from attaining good, remember that people cannot benefit you except with what Allah has decreed, nor can they harm you with anything except by His permission. Hijab does not prevent you from succeeding



or benefiting others. Rather, it grants you a dignity that raises you above enslavement to image and outward appearance.

Place your trust in Allah. For whoever has Allah with them, the difficulties along their path become doors to goodness, and every “obstacle” becomes a testimony to the sincerity of their love for the Creator.



Obedience to Allah Is an Honour, Not a Burden

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَالَّذِينَ جَاهَدُوا فِينَا لَنَهْدِيَنَّهُمْ سُبُلَنَا وَإِنَّ اللَّهَ لَمَعَ الْمُحْسِنِينَ﴾

“And those who strive for Us – We will surely guide them to Our ways. And indeed, Allāh is with the doers of good.” (Qur'an, 29:69)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Whoever shows enmity towards a wali of Mine, I declare war upon him. My servant draws near to Me with nothing more beloved to Me than what I have made obligatory upon him. My servant continues to draw near to Me through voluntary deeds until I love him. When I love him, I become his hearing with which he hears, his sight with which he sees, his



*hand with which he grasps, and his foot with which he walks. If he asks Me, I will surely grant him, and if he seeks refuge with Me, I will surely grant him refuge.*¹⁷

Misconception

It is difficult for me to remain committed to Hijab at all times!

The truth is that Hijab does not weigh heavily upon a woman who understands whom she is obeying. It is not a burden, but part of obedience to Allah, just like prayer, fasting, and abstaining from what He has forbidden.

Hijab becomes burdensome only when it is viewed as social pressure, an inherited custom, or something alien to the heart. But when a woman wears it seeking Allah's Countenance, it does not weigh her down. Rather, it brings her comfort and tranquillity.

¹⁷ Al-Buchari (6502).



The problem does not lie in Hijab itself, but in the struggle between obeying Allah and yielding to people's pressure.

Advice

My dear sister, Hijab is not a heavy load upon your shoulders. Rather, it is a noble choice made by a believing heart. When it is observed for Allah, it becomes easy, familiar, and beloved.

Do not view Hijab as though it required extraordinary strength. In reality, it is obedience to the Creator, and every act of obedience to Allah becomes easy for a heart that loves Him. Do not say, "This is difficult." Instead, say, "This is my Lord's command, and obedience to my Lord is an honour and a source of dignity."

Whoever strives against herself for Allah's sake, Allah guides her and makes her



steadfast. Whoever is sincere with Allah will experience such gentleness and assistance from Him that the path becomes easier than she ever imagined.



Begin with Yourself

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿أَتَأْمُرُونَ النَّاسَ بِالْبِرِّ وَتَنْسَوْنَ أَنْفُسَكُمْ وَأَنْتُمْ تَتْلُونَ الْكِتَابَ أَفَلَا تَعْقِلُونَ﴾

“Do you order righteousness of the people and forget yourselves while you recite the Scripture? Then will you not reason?”
(Qur'an, 2:44)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“The likeness of one who teaches people goodness while forgetting himself is that of a lamp: it gives light to others while burning itself.”¹⁸

¹⁸ At-Tabarani in *al-Mu'dscham al-Kabir* (1681) und Ibn Abi Asim in *al-Ahad wa-l-Mathani* (2314). Al-Albani stufte ihn in *Sahih al-Dschami'* (5831) als authentisch ein.



Misconception

I can do more to reform society if I do not observe Hijab!

This is among the most dangerous excuses that a person may make appealing to herself in order to evade responsibility. The idea that people will be more receptive to your words if you do not observe Hijab, or that you will thereby appear more open-minded and better able to bring them closer to the religion, is nothing but one of Satan's deceptions.

A person cannot lead others towards obedience to Allah while personally violating His command. Calling others to goodness cannot be founded upon neglecting religious obligations. If influencing people requires abandoning Hijab, then this is not a call to Allah's religion as He revealed it, but to a version of religion shaped by fear, compromise, and accommodation of people's desires.



Society does not need role models who bargain away their principles. It needs people who practise the truth before speaking about it.

Advice

My dear sister, do not be like a lamp that illuminates the way for others while burning itself. What value is there in people benefiting from your words while you remain distant from obedience to your Lord?

Allah has placed within human beings an insight through which they recognise the truth within themselves, no matter how much they may try to embellish their excuses. True influence does not come from conforming to society, but from the blessing of obedience and the sincerity of one's example.

When you observe Hijab, your words acquire greater weight because you speak not only with your tongue but through your actions as



well. Do not make yourself a witness against yourself on the Day of Resurrection, and do not be content to become merely a bridge upon which others cross towards Paradise while you remain behind.

Reforming society begins with your complete submission to Allah. Only then will you become a light that guides others and a means of salvation for yourself before becoming a cause of salvation for anyone else.



Hasten towards Forgiveness and Paradise

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَأَطِيعُوا اللَّهَ وَالرَّسُولَ لَعَلَّكُمْ تُرْحَمُونَ﴾ (١٣٢) وَسَارِعُوا إِلَىٰ مَغْفِرَةٍ مِّن رَّبِّكُمْ
وَجَنَّةٍ عَرْضُهَا السَّمَاوَاتُ وَالْأَرْضُ أُعِدَّتْ لِلْمُتَّقِينَ ﴿١٣٣﴾

“And obey Allāh and the Messenger that you may obtain mercy. And hasten to forgiveness from your Lord and a garden [i.e., Paradise] as wide as the heavens and earth, prepared for the righteous...”
(Qur'an, 3:132-133)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Take advantage of five before five: your youth before your old age, your health before your illness, your wealth before your poverty, your



free time before your busyness, and your life before your death.”¹⁹

Misconception

I am still young; I will observe Hijab later!

This is among Satan’s most dangerous deceptions. He gives a person the illusion that she has a long time ahead of her and that repentance and obedience can be postponed until another time. But whoever imagines that Hijab belongs to a later stage of life has reduced religion to something resembling preparation for the grave alone, forgetting that religion is, in truth, a light that beautifies life and gives it meaning.

No one possesses a contract with life guaranteeing that she will reach old age. Youth is among the most precious stages of

¹⁹ Al-Hakim (7846).



life in the sight of Allah, because worship during youth takes place while the body is strong, desires are present, temptations are numerous, and the will is powerful.

Advice

My dear sister, every delay in obeying Allah is a part of your life that will never return. Youth passes quickly, and no one knows how much of it remains. Today, you possess strength, desire, ability, and opportunity; tomorrow, nothing may remain but memories and regret.

Hijab is a decision that determines the direction of your life. If you choose it early, it will protect you from hesitation, clarify your path, and safeguard your heart from much turmoil. The longer you delay obedience, the more deeply rooted your habits become and the more difficult it becomes to return to the truth.



Do not build your faith upon deferred promises. A woman who delays obedience today has no guarantee that she will be capable of it tomorrow. Give to Allah today from what He has given you today, for obedience at the beginning of the journey is a firm foundation for an upright life and a good ending.



Glad Tidings to the Strangers

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿وَلَا تَهِنُوا وَلَا تَحْزَنُوا وَأَنْتُمْ الْأَعْلَوْنَ إِنْ كُنْتُمْ مُؤْمِنِينَ﴾

“So do not weaken and do not grieve, and you will be superior if you are [true] believers.” (Qur'an, 3:139)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Islam began as something strange and will return to being strange just as it began, so glad tidings to the strangers.”²⁰

²⁰ Muslim (372).



Misconception

If I observe Hijab, I will become isolated from society!

This fear usually arises from our natural desire for acceptance and belonging. You may imagine that Hijab will create distance between you and other people, separate you from society, or make you appear strange in their eyes.

But the real question is: What kind of society do you desire? A society that accepts you only if you compromise your principles, or the pleasure of the Creator who has honoured you with guidance?

True isolation is not being a stranger in people's eyes. It is becoming estranged from your principles, from obedience to your Lord, and from the truth in which you believe.



Advice

My dear sister, do not view Hijab as a cause of isolation. View it as a measure that distinguishes the sincere from those who are merely passing through your life. It removes from your life those who see nothing in you beyond your appearance and draws closer those who respect your faith and principles.

Do not lose heart or grieve. Your worth is not measured by the number of people around you, but by your closeness to your Lord. Being a stranger for Allah's sake is a noble station, and the Prophet ﷺ gave its people glad tidings when he said: *"So glad tidings to the strangers."*

When you choose Hijab, you enter a more honourable and purer circle: the circle of those who are sincere with Allah and place His pleasure before that of people. Do not seek to blend into a transient world at a cost



that threatens your place in the everlasting abode.

Smile, for being a stranger for Allah's sake is not a deficiency. It is an honour and evidence of faithfulness to Allah, Most High.



Paradise Is Not Attained without Sacrifice

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿أَحْسِبُ النَّاسُ أَنْ يُتْرَكُوا أَنْ يَقُولُوا ءَامَنَّا وَهُمْ لَا يُفْتَنُونَ﴾

“Do the people think that they will be left to say, ‘We believe,’ and they will not be tried?”

(Qur'an, 29:2)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

*“Indeed, that which Allah offers is precious; indeed, that which Allah offers is Paradise.”*²¹

²¹ At-Tirmidhi (2450).



Misconception

If I observe Hijab, I will have to sacrifice many things!

It is natural for this thought to cross your mind at times. You may feel that Hijab will take something away from you: a measure of comfort, the lifestyle to which you have become accustomed, or certain relationships. This feeling arises when the self looks at what it will leave behind and forgets what it will gain.

Every great choice in life comes at a price. The question is not, “Will I have to make a sacrifice?” Rather, it is, “For whom am I making this sacrifice, and for what purpose?”

Whatever is given up for Allah is never lost; rather, it increases in value. The trial accompanying a decision to obey does not come to break you, but to reveal the sincerity of your words, “I believe.” If faith were always



easy, it would not possess this rank and honour.

Advice

My dear sister, nothing great in this world is attained without sacrifice. How, then, can Paradise – that precious reward offered by Allah – be sought without striving against the self and abandoning some of its desires?

Hijab may require you to give up the approval of certain people, a fleeting comfort, or a habit to which your soul has grown accustomed. In return, however, it gives you something deeper and more lasting: tranquillity of heart, inner strength, and a sincere connection with Allah.

Whenever you feel that you are sacrificing something, remember that you are, in truth, leaving something temporary in order to attain something eternal.



Do not fear the price of obedience. Once you taste the sweetness of Allah's pleasure, you will realise that everything you left behind does not equal a single drop compared with the ocean of goodness that Allah has prepared for you.



Prepare for Tomorrow

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ وَلْتَنْظُرْ نَفْسٌ مَّا قَدَّمتْ لِغَدٍ وَاتَّقُوا اللَّهَ إِنَّ اللَّهَ خَبِيرٌ بِمَا تَعْمَلُونَ﴾

“O you who have believed, fear Allāh. And let every soul look to what it has put forth for tomorrow—and fear Allāh. Indeed, Allāh is Aware of what you do.” (Qur’an, 59:18)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Hasten to perform good deeds before trials come like pieces of a dark night. A man will be a believer in the morning and a disbeliever by evening, or a believer in the evening and a



disbeliever by morning, selling his religion for some fleeting worldly gain.”²²

Misconception

I will observe Hijab when I finish school or complete my studies!

We often view education as though it were an obstacle to Hijab and imagine that academic success requires us to postpone some of the religion’s commands. In reality, this thinking conceals a fear that Hijab will close certain doors, reduce opportunities, or make a young woman less accepted within an educational environment.

But is it wise to concern ourselves with completing our studies for this world while postponing our preparation for the Hereafter?

²² Muslim (118) und at-Tirmidhi (2195).



Education is preparation for a tomorrow that no one is guaranteed to possess, whereas obedience to the Creator is preparation for a tomorrow that will certainly come to every one of us.

When we postpone obedience for the sake of our studies, we are not truly choosing knowledge. Rather, we are associating knowledge with fear and hesitation, even though true knowledge brings a person closer to Allah rather than distancing her from Him.

Advice

My dear sister, the qualification you seek is a beneficial means in the life of this world, whereas Hijab is among the means of salvation in the Hereafter. Do not make your obedience to Allah contingent upon the completion of your studies. True knowledge is that which draws you closer to your Lord,



not that which makes you hesitate before His command.

How greatly blessed your studies will be if you pursue the path of knowledge while living in obedience to Allah and seeking His pleasure!

The world changes rapidly, and trials come like pieces of a dark night. Your heart may be strong today, only for circumstances to weaken it tomorrow. Do not sell your religion for some fleeting worldly gain.

Hijab does not prevent you from becoming an outstanding student, a successful professional, or a woman who benefits her society. Rather, it demonstrates that you possess a priority greater than every academic qualification: the pleasure of Allah, who granted you intellect and opened the door of learning for you.

Let your years of study bear witness that knowledge and obedience proceed together, not that one prevents the other.



Obedience to Allah Does Not Wait for Marriage

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا النَّاسُ إِنَّ وَعْدَ اللَّهِ حَقٌّ فَلَا تَغُرَّنَّكُمُ الْحَيَاةُ الدُّنْيَا وَلَا يَغُرَّنَّكُم بِاللَّهِ الْغُرُورُ﴾

“O mankind, indeed the promise of Allāh is truth, so let not the worldly life delude you and be not deceived about Allāh by the Deceiver [i.e., Satan].” (Qur’an, 35:5)

Prophetic Hadith

‘A’ishah, may Allah be pleased with her, said:

“The Messenger of Allah ﷺ would perform the Fajr prayer, and some believing women would attend the prayer with him, wrapped in their outer garments. They would then return to



*their homes without anyone recognising them because of the darkness.*²³

Misconception

I will observe Hijab when I get married!

This misconception arises when we postpone obedience and tie it to some future stage of life. Some young women imagine that marriage is the appropriate time to change and become committed. Yet Allah did not make Hijab dependent upon marriage; He made it a matter of faith and obedience.

The believing women during the Prophet's time ﷺ did not wait until marriage to observe Hijab. Rather, they responded to Allah's command as soon as it was revealed.

Marriage is not guaranteed. It may come soon, it may be delayed, or it may never come at all. Allah's command, however, is

²³ Al-Buchari (372) und Muslim (645).



established and present. Postponing obedience until an uncertain time is one of Satan's ploys.

Advice

My dear sister, do not make your obedience to Allah conditional upon something that has not yet happened. Marriage is not the key to obedience; rather, obedience is often a means by which the doors to a blessed marriage are opened.

Abandoning Hijab today may cause a righteous man who desires a wife who venerates Allah's command to turn away from you, or it may result in your marrying someone who will not accept your Hijab later. When you obey Allah from now, however, you make your principles clear and open the way to a marriage founded upon respect for the religion rather than compromise of it.



If you cannot find the courage to obey Allah while you are on your own, how will you find it when you are with a husband who may not encourage you? Build yourself before you build your family.



Before Allah, You Will Stand Alone

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا النَّاسُ اتَّقُوا رَبَّكُمُ وَأَحْشَوْا يَوْمًا لَا يَجْزِي وَالِدٌ عَنْ وَلَدِهِ وَلَا مَوْلُودٌ هُوَ جَازٍ عَنْ وَالِدِهِ شَيْئًا إِنَّ وَعْدَ اللَّهِ حَقٌّ فَلَا تَغُرَّنَّكُمُ الْحَيَاةُ الدُّنْيَا وَلَا يَغُرَّنَّكُم بِاللَّهِ الْغُرُورُ﴾

“O mankind, fear your Lord and fear a Day when no father will avail his son, nor will a son avail his father at all. Indeed, the promise of Allāh is truth, so let not the worldly life delude you and be not deceived about Allāh by the Deceiver [i.e., Satan].”
(Qur'an, 31:33)



Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“There is none among you except that his Lord will speak to him, with no interpreter between them. He will look to his right and see nothing but what he sent forth, then look to his left and see nothing but what he sent forth. He will look before him and see nothing but the Fire directly in front of his face. So protect yourselves from the Fire, even with half a date.”²⁴

Misconception

I will observe Hijab when my sister or friend does!

This misconception arises when we tie our obedience to another person's decision, and this is a form of self-deception. Allah did not make His commands dependent upon the

²⁴Al-Buchari (7512) und Muslim (2348).



readiness of your sister or friend. He addressed you and placed the responsibility upon you.

On the Day when no parent will benefit their child and no child will benefit their parent, how will the excuse “I was waiting for someone else” benefit you?

Satan makes this waiting appear attractive and presents it as companionship and support. In reality, however, it is a postponement of Allah’s command and the suspension of obedience upon other people’s hesitation.



Advice

My sister, do not delay your obedience while waiting for someone else's decision. On the Day of Resurrection, every person will stand alone before Allah, carrying nothing but their deeds.

Know also that if you begin today, you may become a cause of guidance for your sister or friend, and Allah may record for you a reward equal to hers without diminishing her reward in the slightest. Perhaps she is waiting for you just as you are waiting for her. If you both continue waiting, neither of you will move forward. But if one of you begins, she may open the way for the other.

Do not tie your fate in the Hereafter to other people's hesitation. Begin yourself and become a cause of goodness.



Do Not Postpone Today's Obedience until Tomorrow

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿إِنَّمَا كَانَ قَوْلَ الْمُؤْمِنِينَ إِذَا دُعُوا إِلَى اللَّهِ وَرَسُولِهِ لِيَحْكُمَ بَيْنَهُمْ أَنْ يَقُولُوا سَمِعْنَا وَأَطَعْنَا وَأُولَئِكَ هُمُ الْمُفْلِحُونَ﴾

“The only statement of the [true] believers when they are called to Allāh and His Messenger to judge between them is that they say, ‘We hear and we obey.’ And those are the successful.” (Qur’an, 24:51)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) pflegte mit folgenden Worten zu bitten:

“O Allah, I seek refuge in You from the withdrawal of Your blessings, the change of the well-being You have granted, the sudden onset



of Your punishment, and all of Your displeasure.”²⁵

Misconception

I will observe Hijab soon!

This statement sounds like a decision, but in many cases it is nothing more than postponement. The word “soon” is not a definite appointment; it is a vague promise by which a person quiets her conscience.

When a sincere believing woman learns Allah’s command, she does not postpone obeying it until a “more suitable” time. Obedience does not depend upon perfect circumstances, but upon the sincerity of the heart and its readiness to respond.

When Allah calls His servants, the believers do not reply, “Later.” Rather, they say “We hear and obey.” Every deliberate delay forfeits

²⁵ Muslim (2739).



an opportunity that may never return. No one is guaranteed her health, lifespan, or ability tomorrow. Satan does not always prevent a person from obeying Allah directly; sometimes it is enough for him merely to say, “Leave it for another time.”

Advice

My dear sister, do not make your obedience a project without a deadline. Hijab does not require the “perfect time”; it requires a resolute heart. As long as you know that it is Allah’s command, today is the best time to obey Him.

The Prophet ﷺ would seek Allah’s protection from the withdrawal of blessings, changes in well-being, and the sudden onset of punishment because these things come unexpectedly. How many righteous decisions have been postponed with the word “soon,” only never to come to pass!



Do not postpone today's obedience until tomorrow. Tomorrow may come while you are no longer as you are today: your health may weaken, your circumstances may change, or the softness you now feel in your heart may no longer remain. Step forward now, for promptness in responding is a sign of sincerity, and Allah loves those who hear His command and hasten to obey it.



Has the Time Not Yet Come?

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿أَلَمْ يَأْنِ لِلَّذِينَ ءَامَنُوا أَنْ تَخْشَعَ قُلُوبُهُمْ لِذِكْرِ اللَّهِ وَمَا نَزَلَ مِنَ الْحَقِّ﴾

“Has the time not come for those who have believed that their hearts should become humbly submissive at the remembrance of Allāh and what has come down of the truth?” (Qur'an, 57:16)

Prophetic Hadith

Der Gesandte Allahs (ﷺ) sagte:

“Allah, Most High, said: ‘I am as My servant thinks of Me, and I am with him when he remembers Me.’” The Prophet ﷺ also said: “By Allah, Allah is more joyful at the repentance of His servant than one of you who finds his lost mount in the desert.” The hadith also states: “Whoever draws near to Me by a handspan, I draw near to him by a cubit; whoever draws



near to Me by a cubit, I draw near to him by a fathom; and if he comes to Me walking, I come to him swiftly."²⁶

Misconception

How can I observe Hijab after all these years?!

Sometimes the past weighs heavily upon the heart, causing a woman to feel embarrassed and hesitant after spending many years without Hijab. Thoughts begin to arise: What will the people who have known me without Hijab throughout my life say? Will this act of obedience be accepted from me after such a long delay?

This is one of Satan's subtle ploys. He wants to make you a prisoner of your past. He whispers, "It is too late," so that he may prevent you from saving what remains of your life. Yet whoever sincerely returns to Allah

²⁶Muslim (6952).



will have her repentance accepted, her past forgiven, and a new door opened for her future.

Advice

My dear sister, it is never too late to return to Allah. If your heart is stirred when you hear His words, ﴿أَلَمْ يَأْنِ﴾, **“Has the time not yet come?”**, this is a sign of goodness – as though Allah were opening the door for you to return to Him.

Do not measure yourself by the looks of people who knew you in the past. Measure yourself by the mercy of Allah, who rejoices at your repentance and return. Allah rejoices at His servant’s return more than a man who finds his lost mount in the desert after believing that he was inevitably doomed.

When you wear Hijab, you do not carry the burden of all the years that have passed.



Rather, you open a new page with Allah. Do not allow tomorrow to become another “yesterday” that you will regret. As long as Allah has preserved your life until today, He has granted you the opportunity to obey Him today.



Take the Step

Qur'anic Verse

Allah, der Erhabene, sagt:

﴿يَا أَيُّهَا النَّبِيُّ قُلْ لِّأَزْوَاجِكَ وَبَنَاتِكَ وَنِسَاءِ الْمُؤْمِنِينَ يُدْنِينَ عَلَيْهِنَّ مِنْ جَلَابِيبِهِنَّ ذَلِكَ أَدْنَى أَنْ يُعْرَفْنَ فَلَا يُؤْذَيْنَ وَكَانَ اللَّهُ عَفُورًا رَحِيمًا﴾

“O Prophet, tell your wives and your daughters and the women of the believers to bring down over themselves [part] of their outer garments. That is more suitable that they will be known and not be abused. And ever is Allāh Forgiving and Merciful.”
(Qur'an, 33:59)

Prophetic Hadith

Umm Salamah, may Allah be pleased with her, said:

“When the words, ‘to draw their outer garments closely over themselves,’ were revealed, the women of the Ansar came out as



though crows were resting upon their heads because of their garments.”²⁷

Misconception

I love Hijab, but I hesitate out of embarrassment!

This hesitation sometimes indicates that you recognise the magnitude of this step and feel its weight within your heart. Yet it may become an obstacle when you imagine yourself suddenly becoming the focus of people’s gazes and comments.

This hesitation does not necessarily mean that your conviction is weak. It may simply be fear of other people’s reactions. But know that this embarrassment is temporary, whereas the tranquillity that comes from obeying Allah endures. People may look for a short while

²⁷ Al-Albani, *Sahih Abi Dawud* (4101).



and speak for a few days, but then they forget. Allah, however, always sees you.

Do not be ashamed to display your obedience to your Lord. The true cause for shame is that a person delays a deed her heart knows to be true merely out of fear of what people may say.

Advice

My dear sister, what you call hesitation today may be a sign that your heart is ready but is waiting for the courage to take the first step.

The believing women of the first generation did not view Hijab as a burden requiring justification. They regarded it as a natural part of their obedience to Allah. They went out covered and at peace, protected from harmful gazes and known to Allah for their sincere compliance.



Do not allow the question “What will people say?” to weigh more heavily upon your heart than the question “What has Allah commanded?”

Once you take this step, you will see your hesitation disappear and be replaced by tranquillity, dignity, and self-respect, because you chose Hijab seeking the pleasure of your Generous Lord.

Take the step for Allah, for Allah never forsakes anyone who chooses to obey Him.



Final Advice

My dear sister, the path of obedience requires a sincere heart and steadfast resolve. But always remember: no one has ever regretted obeying Allah. People regret only the days that passed while they remained distant from obedience to Him.

You will never find a sincere believer grieving because he began to pray, drew closer to his Lord, or abandoned a sin seeking Allah's Countenance. Indeed, if the entire world were offered to him in exchange for abandoning a single prayer while he knew its worth in the sight of Allah, he would never agree to exchange what is with Allah for any of this world's fleeting gains.

The same applies to Hijab. A woman who understands the value of obeying Allah will not exchange her Hijab for an admiring glance, a word of praise, a job, a friendship, or fear of what people may say. She knows that



people forget, that this world passes away, and that only what was done for Allah will remain. My dear sister, Allah did not create you to become a prisoner to people's gazes or to spend your entire life seeking their approval. Rather, He created you to worship Him, honoured you with His religion, and opened for you the door to drawing near to Him. Beware of allowing the years to pass while you continue postponing a decision that you know within yourself to be right. Beware of a Day when you will stand before Allah wishing that you had obeyed from the very first call.

Reflect upon the words of Allah, Most High:

﴿فَأَمَّا مَنْ طَغَىٰ (٣٧) وَءَاثَرَ الْحَيٰوةَ الدُّنْيَا (٣٨) فَإِنَّ الْجَحِيمَ هِيَ الْمَأْوَىٰ (٣٩) وَأَمَّا (٤٠) مَنْ خَافَ مَقَامَ رَبِّهِ وَهَيَّ النَّفْسَ عَنْ أَهْوَىٰ (٤١) فَإِنَّ الْجَنَّةَ هِيَ الْمَأْوَىٰ (٤٢)﴾

“As for the one who transgressed and preferred the life of this world, the Hellfire will indeed be her refuge. But as for the one who feared standing before her Lord and



restrained the self from its desires, Paradise will indeed be her refuge.” (Qur’an, 79:37-41)

This is the whole truth: a person either gives precedence to her desires and the worldly life, or fears standing before her Lord and restrains herself from whatever displeases Allah. The two paths are not equal, nor are their outcomes equal.

What transaction could be greater than leaving something that will perish in order to attain Allah’s pleasure and a Paradise as vast as the heavens and the earth? And what loss could be greater than postponing obedience to your Lord for the sake of a world that will not remain and people who possess neither benefit nor harm for you?

By Allah, besides whom none has the right to be worshipped, there is no reason worthy of delaying obedience to your Creator – not education, work, people’s words, fear, hesitation, or waiting for tomorrow. Tomorrow is not in your hands, but Allah has



given you this present moment so that you may return to Him.

My dear sister, wear your Hijab now for Allah and for no one else. Make it a new beginning between you and your Lord. Make it a sincere declaration that Allah's command is greater to you than everything else and that His pleasure is dearer to you than the approval of all people.

The first step may be difficult, but it will be the noblest step of your life. Afterwards, you will realise that obedience does not diminish a person but elevates her, and it does not constrict life but fills it with light and tranquillity.

O Allah, show us the truth as truth and grant us the ability to follow it. Show us falsehood as falsehood and grant us the ability to avoid it. Keep our hearts steadfast upon obedience to You until we meet You while You are pleased with us. Amin.